

# **2DAY BASIC COURSE**

The course objective is the introduction of facial aesthetics as a means to improve the patient's overall appearance, and is not limited to their dental condition. The use of iPRF is an innovative method for skin rejuvenation that can be used in every-day practice, with a maximum cost/benefit ratio for both the physician and the patient. Healthcare professionals have successfully incorporated growth factors in their practices, often in conjunction with other modalities such as hyaluronic acid, botox injections, PDO threads and laser treatments.

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#### **FIRST DAY**

"Anti aging with your own blood"

## Theoretical part

- Anatomy/Physiology in facial aesthetics
- Aging of the skin
- Innovations in dentistry and cosmetology with smart blood derivatives and Stem cells
- Preparation of the dental office and the patient
- Aesthetic of the perioral area- Lip augmentation
- Combining growth factors and medical needling and cosmeceutical skin care to get the best results
- Marketing in dentistry

#### **Clinical Part**

- Blood collection
- Preparation of i-PRF
- Practice among the participants
- i-PRF live clinical demonstration (1-2 patients)

# **SECOND DAY**

## **Theoretical part**

- HA technology and characteristics choosing the right HA for each location
- Preparing the skin for injectables
- Anatomy of lips and perioral region, mandible, platysma
- Different techniques of injecting dermal fillers



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- Lips and perioral region: choice of filler and technique
- · Mesotherary with HA
- I-PRF combined with Hyaluronic Acid for skin rejuvenation
- Indications/Contraindications
- Filler complications and conservative management
- Botox- units
- PDO threads

## **Practical part**

- Preparing the skin for botox and PDOthreds
- · Practice different techniques
- One live model demonstration







