

GMDA HUB & WAUPS AESTHETICA PRESENTS THE ANTI-AGING COURSE



# Facial aesthetics

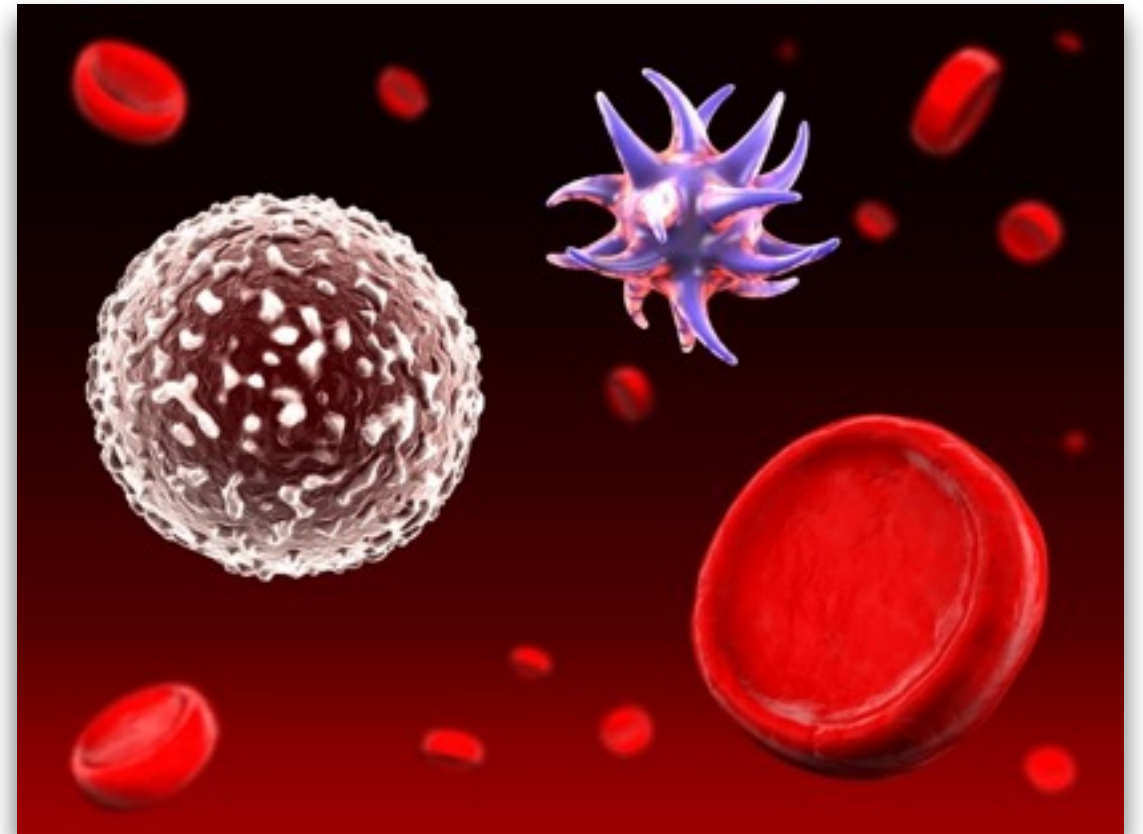
*by Cleopatra Nacopoulos*

iPRF, Fillers, Botox, PDO Threads, Laser, Chemical Peels  
3 Day Advance Course 3–5 November 2016  
Athens, Webster University

# 1st Day

Theoretical Part: 09:00 – 13:30

- Physiology of Growth factors
- Role of Growth factors for skin rejuvenation
- Preparation of Growth Factors
- Mesotherapy techniques
- Combination of growth factors with HA, botulinum, and threads
- Indications / Contraindications



Practical Part: 14:30 – 18:00

- Blood Draw
- Preparation of L PRF, A PRF and I PRF
- Practice among participants
- One live model demonstration



# 2nd Day

Theoretical Part: 09:00 – 13:30

- Hyaluronic Acid in Facial Aesthetics
- Lip Augmentation techniques
- The Happy Face Treatment—marionette lines and oral commissures
- Treating women across the ages 20's, 40's, and 60+
- Mesotherapy—The Evidence Base for Clinical Efficacy
- Facial Contouring
- Threads and non HA fillers
- Dealing with complications of injectables



Practical Part: 14:30–18.00

- Tricks and Tips for the use of HA, and threads
- One live model demonstration

# 3rd Day

Theoretical Part: 09:00 –13:30

- Laser physics
- The use of Laser in Skin Rejuvenation
- Laser in hair removal in facial aesthetics
- Botox in facial aesthetics
- Requirements and rules
- Technical requirements
- The Most common indications
- Combination Therapy–The Microlift Procedure



Practical Part: 14:30 – 18:00

- Tricks and Tips for Laser Treatment
- One live model Demonstration for Microlift Procedure